



## Case Study: >>Robert P.

### *Reading Difficulties Overcome by Text-to-Speech Reminders*



Robert P. is a 52-year old who has been diagnosed with diabetes and asthma. He takes approximately 15 pills each day and has struggled with keeping up with all the different medications and when they are to be taken. The complexity of his medication regimen is made even more difficult because of Robert's limited skills in reading.

Robert knows how important it is to take his medication as prescribed, but this has been difficult for him to manage without the ability to reference instructions on the labels of the medicine vials. Besides having many pills to take, some of them have special instructions that make them particularly difficult to take as prescribed.

In cooperation with Robert's case manager, PageMinder set up a special program of reminders to a cell telephone that uses text-to-speech technology. At the proper times during the day, Robert receives a call on his cell phone. When he answers, the instructions concerning his regimen for that time are delivered in a pleasant computer-generated voice.

Robert credits the reminders with taking away the strain of having to "try to remember." "Now I can focus on other things and know I won't forget my medicine."

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